

**A STUDY ON THE RELATIONSHIP BETWEEN PARENTAL ATTACHMENT AND LIFE
SATISFACTION AMONG YOUNG ADULTS**

*Dissertation submitted to the
Thassim Beevi Abdul Kader College for Women
For the partial fulfillment of the requirements for the award of the degree of*

**BACHELOR OF SCIENCE
In Psychology**

by
AAFRIN BEGAM A
(Registration No: 21BSY0001)

Under the Supervision of
Ms. P. DHARANI
Assistant Professor
Department of Psychology



**DEPARTMENT OF PSYCHOLOGY THASSIM BEEVI ABDUL KADER
COLLEGE FOR WOMEN,**

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KILAKARAI – 623517, TAMIL NADU, INDIA.

APRIL – 2024

CERTIFICATE

This is to certify that the work contained in the thesis entitled "A Study On the relationship between parental attachment and life satisfaction among young adults", submitted by Aafrin Begam A (BSY0001) for the award of the degree of Bachelor of Science in Psychology to the Thassim Beevi Abdul Kader College for Women, Kilakarai is a record of bonafide research works carried out by her under my direct supervision.

I considered that the thesis has reached the standards and fulfilling the requirements of the rules and regulations relating to the nature of the degree. The contents embodied in the thesis have not been submitted for the award of any other degree or diploma in this or any other university/college.

Date: 17.04.2024

Place: Kilakarai



Signature of the Supervisor

Ms. P. Dharani, M.Sc.,

Assistant Professor

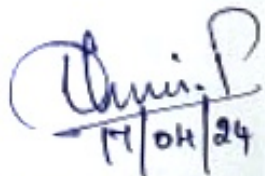
Department of Psychology

Thassim Beevi Abdul Kader College for Women

Approved by



Head of the Department



Internal Examiner



External Examiner

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- e. Whenever I have quoted written materials from other sources and due credit is given to the sources by citing them.

ate: 17 04 2024

lace: Kilakarai

**AAFRIN BEGAMA
(21BSY0001)**

**A STUDY ON RELATIONSHIP BETWEEN INTERNET ADDICTION AND SLEEP
QUALITY AMONG YOUNG ADULTS**

*Dissertation submitted to the
Thassim Beevi Abdul Kader College for Women
For the partial fulfillment of the requirements for the award of the degree of*

BACHELOR OF SCIENCE

In Psychology

by

AFRIN DHINAR N

(Registration No: 21BSY0002)

Under the Supervision of
Mrs. MUBIN ZULFA, M.Sc.,
Assistant Professor, Department of Psychology



**DEPARTMENT OF PSYCHOLOGY THASSIM BEEVI ABDUL KADER COLLEGE
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APRIL – 2024


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This is to certify that the work contained in the thesis entitled “A Study On relationship between internet addiction and sleep quality among young adults”, submitted by Afrin Dhinar N (21BSY0002) for the award of the degree of Bachelor of Science in Psychology to the Thassim Beevi Abdul Kader College for Women, Kilakarai is a record of bonafide research works carried out by her under my direct supervision.

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Date: 17.04.24


Place: Kilakarai


Signature of the Supervisor
Mrs. Mubin zulfa, M.Sc.,
Assistant Professor
Department of Psychology
Thassim Beevi Abdul Kader College for Women

Approved by


Head of the Department

External Examiner


Internal Examiner

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Date: 17.04.24

Place: Kilakarai

AFRIN DHINAR N

(21BSY0002)

**A STUDY ON RELATIONSHIP BETWEEN PERCEIVED SOCIAL SUPPORT AND
LONELINESS AMONG COLLEGE HOSTEL STUDENTS**

*Dissertation submitted to the
Thassim Beevi Abdul Kader College for Women
For the partial fulfilment of the requirements for the award of the degree of*

BACHELOR OF SCIENCE

In Psychology

by

AFRINE FATHIMA S

(Registration No: 21BSY0003)

Under the Supervision of
Ms. RABEENA FATHIMA R
Assistant Professor
Department of Psychology



DEPARTMENT OF PSYCHOLOGY

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KILAKARAI – 623517, TAMIL NADU, INDIA.

APRIL – 2024

CERTIFICATE

This is to certify that the work contained in the thesis entitled "A Study On Relationship between perceived social support and loneliness among college hostel students", submitted by Afrine Fathima S (21BSY0003) for the award of the degree of Bachelor of Science in Psychology to the Thassim Beevi Abdul Kader College for Women, Kilakarai is a record of bonafide research works carried out by her under my direct supervision.

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Date: 17.04.2024

Place: Kilakarai



Signature of the Supervisor

Rabeena Fathima R, M.Sc.,

Assistant Professor

Department of Psychology

Thassim Beevi Abdul Kader College for Women

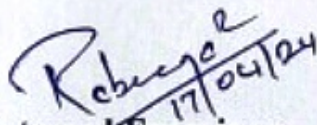
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Head of the Department



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Date: 17.04.2024

Place: Kilakarai

AFRINE FATHIMA S

(21BSY0003)

**A STUDY ON THE RELATIONSHIP BETWEEN PERCEIVED PARENTING STYLE AND
SOCIAL MEDIA ADDICTION AMONG YOUNG ADULTS**

*Dissertation submitted to the
Thassim Beevi Abdul Kader College for Women
For the partial fulfillment of the requirements for the award of the degree of*

**BACHELOR OF SCIENCE
In Psychology**

by
AMREEN NOORIA A
(Registration No: 21BSY0005)

Under the Supervision of
Ms. S. ASMA PARVEEN
Assistant Professor
Department of Psychology



**DEPARTMENT OF PSYCHOLOGY THASSIM BEEVI ABDUL KADER
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KILAKARAI – 623517, TAMIL NADU, INDIA.

APRIL – 2024

CERTIFICATE

This is to certify that the work contained in the thesis entitled "A Study On the relationship between perceived parenting style and social media addiction among young adults", submitted by Amreen Moorria A (21BSY0005) for the award of the degree of Bachelor of Science in Psychology to the Thassim Beevi Abdul Kader College for Women, Kilakarai is a record of bonafide research works carried out by her under my direct supervision.

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Date: 17.04.2024

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Signature of the Supervisor

Ms. S. Asma Parveen, M.Sc.,

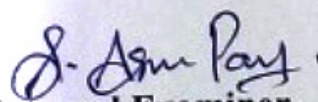
Assistant Professor


Department of Psychology

Thassim Beevi Abdul Kader College for Women

Approved by


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Date: 17.04.2024

Place: Kilakarai

AMREEN NOORIA. A
(21BSY0005)

**A STUDY ON THE RELATIONSHIP BETWEEN SELF-ESTEEM AND SOCIAL
SUPPORT AMONG COLLEGE STUDENTS**

**Dissertation submitted to the
Thassim Beevi Abdul Kader College for Women
For the partial fulfillment of the requirements for the award of the degree of**

BACHELOR OF SCIENCE

In Psychology

by

ANEESHA BEGAM M

(Registration No: 21BSY0006)

Under the Supervision of

Ms. J. OLISTA , M.SC.,

Assistant Professor, Department of Psychology



DEPARTMENT OF PSYCHOLOGY

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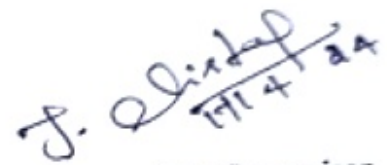
CERTIFICATE

This is to certify that the work contained in the thesis entitled "A STUDY ON THE RELATIONSHIP BETWEEN SELF ESTEEM AND SOCIAL SUPPORT AMONG COLLEGE STUDENTS", submitted by ANEESHA BEGAM M (21BSY0006) for the award of the degree of Bachelor of Science in Psychology to the Thassim Beevi Abdul Kader College for Women, Kilakarai is a record of bonafide research works carried out by her under my direct supervision.

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Date: 17/04/24

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Signature of the Supervisor

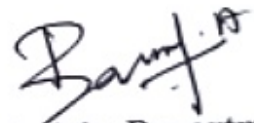
Ms. J. Olista, M.Sc.,

Assistant Professor

Department of Psychology

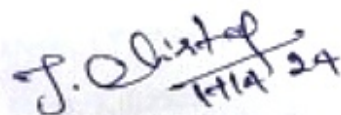
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Kilakarai.



Head of the Department

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Internal Examiner



External Examiner

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Date: 17.04.24

Place: Kilakarai

ANEESHA BEGAM M

(21BSY0006)

**A STUDY ON THE RELATIONSHIP BETWEEN SHYNESS AND COMMUNICATION
SKILL AMONG FEMALE COLLEGE STUDENTS**

**Dissertation submitted to the
Thassim Beevi Abdul Kader College for Women
For the partial fulfillment of the requirements for the award of the degree of**

BACHELOR OF SCIENCE

In Psychology

by

AYSHA HIBA

(Registration No: 21BSY0007)

Under the Supervision of

Ms. JENIFER.S M.sc., (B.Ed., PGDGC.)

Assistant Professor, Department of Psychology



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KILAKARAI – 623517, TAMIL NADU, INDIA.

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Date: 17.04.24

Place: Kilakarai



Signature of the Supervisor

Ms. S. Jenifer, M.sc., (B.Ed., PGDGC.)

Assistant Professor

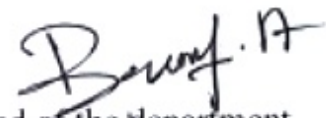
Department of Psychology

Thassim Beevi Abdul Kader College for Women

Kilakarai.

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Internal Examiner



Head of the department



External Examiner

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Date: 17.04.24 .

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**AYSHA HIBA
(21BSY0007)**

**A STUDY ON THE RELATIONSHIP BETWEEN SELF-ESTEEM AND SOCIAL
SUPPORT AMONG COLLEGE STUDENTS**

**Dissertation submitted to the
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For the partial fulfillment of the requirements for the award of the degree of**

BACHELOR OF SCIENCE

In Psychology

by

DHARSHINI G

(Registration No: 21BSY0008)

Under the Supervision of

Ms.J.OLISTA, M.SC.,

Assistant Professor, Department of Psychology



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KILAKARAI – 623517

APRIL – 2024

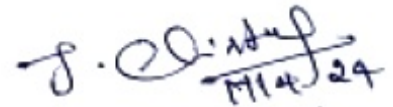
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Place: Kilakarai



Signature of the Supervisor

Ms. J. Olista, M.Sc.,

Assistant Professor

Department of Psychology

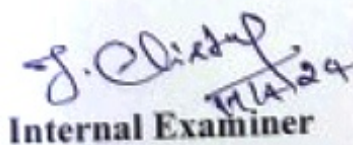
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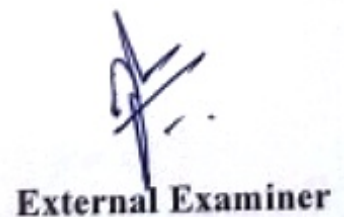


Head of the Department

Approved by



Internal Examiner



External Examiner

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Date: 17.04.2024

Place: Kilakarai

DHARSHINI G
(21BSY0008)

**A STUDY ON THE EFFECT OF SOCIAL PHOBIA AND GRIT AMONG ORPHANS
AND NON ORPHANS**

*Dissertation submitted to the
Thassim Beevi Abdul Kader College for Women
For the partial fulfilment of the requirements for the award of the degree of*

BACHELOR OF SCIENCE

In Psychology

by

HAMSIYATH SALMA S

(Registration No: 21BSY0009)

Under the Supervision of

Ms. RABEENA FATHIMA R

Assistant Professor, Department of Psychology



DEPARTMENT OF PSYCHOLOGY

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KILAKARAI – 623517, TAMIL NADU, INDIA.

APRIL – 2024

CERTIFICATE

This is to certify that the work contained in the thesis entitled "A Study On Social phobia and Grit among Orphans and Non-Orphans", submitted by Hamsiyath Salma S (21BSY0009) for the award of the degree of Bachelor of Science in Psychology to the Thassim Beevi Abdul Kader College for Women, Kilakarai is a record of bonafide research works carried out by her under my direct supervision.

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Date: 17.04.24

Place: Kilakarai .



Signature of the Supervisor

Ms. Rabeena Fathima R, M.Sc.,

Assistant Professor

Department of Psychology

Thassim Beevi Abdul Kader College for Women

Approved by



Head of the Department



External Examiner



Internal Examiner

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Date: 17.04.24

Place: Kilakarai

HAMSIYATH SALMA S
(21BSY0009)

**A STUDY ON RELATIONSHIP BETWEEN PSYCHOLOGICAL DISTRESS AND
SELF COMPASSION AMONG MARRIED AND UNMARRIED FEMALE COLLEGE
STUDENTS**

*Dissertation submitted to the
Thassim Beevi Abdul Kader College for Women
For the partial fulfilment of the requirements for the award of the degree of*

**BACHELOR OF SCIENCE
In Psychology**

by
HATHIJATHU SUBAIRA
(Registration No: 21BSY0010)

Under the Supervision of
Ms. BASMINA AHAMED A
Assistant Professor
Department of Psychology



**DEPARTMENT OF PSYCHOLOGY THASSIM BEEVI ABDUL KADER
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KILAKARAI – 623517, TAMIL NADU, INDIA. APRIL – 2024


CERTIFICATE

This is to certify that the work contained in the thesis entitled "A Study On psychological distress and self compassion among married and unmarried female college students.", submitted by **Hathijathu Subaira(21BSY0010)** for the award of the degree of **Bachelor of Science in Psychology** to the **Thassim Beevi Abdul Kader College for Women, Kilakarai** is a record of bonafide research works carried out by her under my direct supervision.

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Date: 17.04.24 .

Place: kilakarai .



Signature of the Supervisor

Ms. Basmina Ahamed A, M.Sc.,

Assistant Professor

Department of Psychology

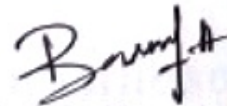
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Kilakarai

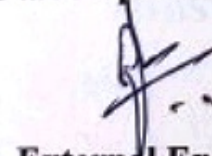
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Head of the Department



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Date: 17.04.24 .

Place: Kilakarai

HATHIJATHU SUBAIRA
(21BSY0010)

**A STUDY ON CORRELATION BETWEEN LEVEL OF WORRY AND RESILIENCE AMONG
MARRIED WORKING WOMEN**

*Dissertation submitted to the
Thassim Beevi Abdul Kader College for Women
For the partial fulfillment of the requirements for the award of the degree of*

BACHELOR OF SCIENCE

In Psychology

by

JAYAPIRATHA G

(Registration No: 21BSY0011)

Under the Supervision of
Ms. S. ASMA PARVEEN, MSC.,
Assistant Professor
Department of Psychology



DEPARTMENT OF PSYCHOLOGY
THASSIM BEEVI ABDUL KADER COLLEGE FOR WOMEN,

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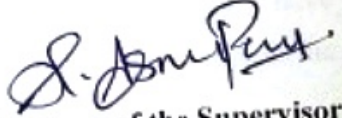
CERTIFICATE

This is to certify that the work contained in the thesis entitled "A Study On correlation between level of worry and resilience among married working women ", submitted by JAYAPIRATHA G (IBSY0011) for the award of the degree of Bachelor of Science in Psychology to the Thassim Beevi Abdul Kader College for Women, Kilakarai is a record of bonafide research works carried out by her under my direct supervision.

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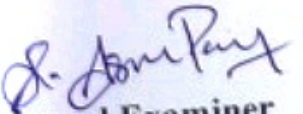
Date: 17.04.2024



Place: Kilakarai.


Signature of the Supervisor
Ms. S. Asma Parveen, M.Sc.,
Assistant Professor
Department of Psychology

Thassim Beevi Abdul Kader College for Women

Approved by


External Examiner


Head of the Department

External Examiner

DECLARATION

certify that

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date: 17.04.2024

Signature: Kilakarai

JAYAPIRATHA G
(21BSY0011)

**A STUDY ON RELATIONSHIP BETWEEN SOCIAL APPEARANCE ANXIETY AND
EMOTIONAL REGULATION AMONG ATHLETES**

*Dissertation submitted to the
Thassim Beevi Abdul Kader College for Women
For the partial fulfillment of the requirements for the award of the degree of*

BACHELOR OF SCIENCE

In Psychology

by

JELINA SHIBAYA M

(Registration No: 21BSY0012)

Under the Supervision of

Ms. S. ASMA PARVEEN

Assistant Professor, Department of Psychology



DEPARTMENT OF PSYCHOLOGY

THASSIM BEEVI ABDUL KADER COLLEGE FOR WOMEN,

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KILAKARAI – 623517, TAMIL NADU, INDIA.

APRIL – 2024

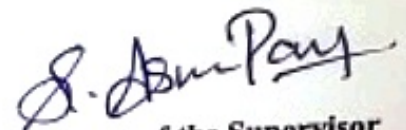
CERTIFICATE

This is to certify that the work contained in the thesis entitled "A STUDY ON RELATIONSHIP BETWEEN SOCIAL APPEARANCE ANXIETY AND EMOTIONAL REGULATION AMONG ATHLETES", submitted by JELINA SHIBAYA M (21BSY00012) for the award of the degree of Bachelor of Science in Psychology to the Thassim Beevi Abdul Kader College for Women, Kilakarai is a record of bonafide research works carried out by her under my direct supervision.

I considered that the thesis has reached the standards and fulfilling the requirements of the rules and regulations relating to the nature of the degree. The contents embodied in the thesis have not been submitted for the award of any other degree or diploma in this or any other university/college.

Date: 17-04-2024

Place: Kilakarai



Signature of the Supervisor

Ms. S. Asma Parveen, M.Sc.

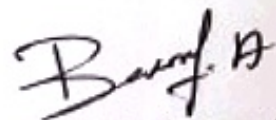
Assistant Professor

Department of Psychology

Thassim Beevi Abdul Kader College for Women

Kilakarai

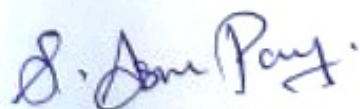
Approved by



Head of the Department



External Examiner



Internal Examiner

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- f. From the plagiarism test, it is found that the similarity index of whole thesis within 25% and single paper is less than 10 % as per the university guidelines

Date: 17-04-2024

Place: Kilakarai

JELINA SHIBAYA M
(21BSY0012)

**A STUDY ON THE RELATIONSHIP BETWEEN SHYNESS AND COMMUNICATION
SKILL AMONG FEMALE COLLEGE STUDENTS**

Dissertation submitted to the

Thassim Beevi Abdul Kader College for Women

For the partial fulfillment of the requirements for the award of the degree of

BACHELOR OF SCIENCE

In Psychology

by

T.MARYAM BUSHRA

(Registration No: 21BSY0013)

Under the Supervision of

Ms. JENIFERS M.sc., (B.Ed., PGDGC.)

Assistant Professor, Department of Psychology



DEPARTMENT OF PSYCHOLOGY

THASSIM BEEVI ABDUL KADER COLLEGE FOR WOMEN,

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KILAKARAI – 623517, TAMIL NADU, INDIA.

APRIL – 2024

CERTIFICATE

This is to certify that the work contained in the thesis entitled "A STUDY ON THE RELATIONSHIP BETWEEN SHYNESS AND COMMUNICATION SKILL AMONG FEMALE COLLEGE STUDENTS", submitted by T.MARYAM BUSHRA(21BSY0013) for the award of the degree of Bachelor of Science in Psychology to the Thassim Beevi Abdul Kader College for Women, Kilakarai is a record of bonafide research works carried out by her under my direct supervision.

I considered that the thesis has reached the standards and fulfilling the requirements of the rules and regulations relating to the nature of the degree. The contents embodied in the thesis have not been submitted for the award of any other degree or diploma in this or any other university/college.

Date: 17.04.2024

Place: Kilakarai



Signature of the Supervisor
Ms. S. Jenifer, M.sc., (B.Ed., PGDGC.)

Assistant Professor

Department of Psychology

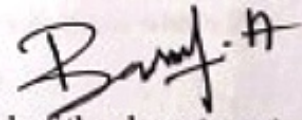
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Kilakarai.

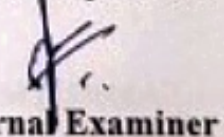
Approved by



Internal Examiner



Head of the department



External Examiner

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Date: 17.04.2024

Place: Kilakarai

T.MARYAM BUSHRA

(21BSY0013)

**A STUDY ON NOMOPHOBIA AND SOCIAL INTERACTION ANXIETY
AMONG MALE FEMALE COLLEGE STUDENTS**

*Dissertation submitted to the
Thassim Beevi Abdul Kader College for Women
For the partial fulfillment of the requirements for the award of the degree of*

BACHELOR OF SCIENCE

In Psychology

by

MATHINATH AZRA

(Registration No: 21BSY0014)

Under the Supervision of
Mrs. MUBIN ZULFA, M.Sc.,
Assistant Professor, Department of Psychology



**DEPARTMENT OF PSYCHOLOGY THASSIM BEEVI ABDUL KADER COLLEGE
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KILAKARAI – 623517, TAMIL NADU, INDIA.

APRIL – 2024


CERTIFICATE

This is to certify that the work contained in the thesis entitled "A Study On Nomophobia and Social Interaction Anxiety among male and female college students", submitted by MATHINATH AZRA (21BSY0014) for the award of the degree of Bachelor of Science in Psychology to the Thassim Beevi Abdul Kader College for Women, Kilakarai is a record of bonafide research works carried out by her under my direct supervision.

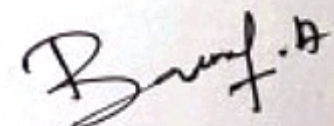
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Date: 17.04.24 .


Place: kilakarai .


Signature of the Supervisor
Mrs. Mubin zulfa, M.Sc.,
Assistant Professor
Department of Psychology
Thassim Beevi Abdul Kader College for Women

Approved by


Head of the Department


Internal Examiner


External Examiner

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Date: 17.04.24 .

Place: Kilakarai

MATHINATH AZRA
(21BSY0014)

**A STUDY ON RELATIONSHIP BETWEEN PERCEIVED SOCIAL SUPPORT AND
LONELINESS AMONG COLLEGE HOSTEL STUDENTS.**

*Dissertation submitted to the
Thassim Beevi Abdul Kader College for Women
For the partial fulfilment of the requirements for the award of the degree of*

BACHELOR OF SCIENCE

In Psychology

by

NASRIN SIFANA .M

(Registration No: 21BSY0016)

Under the Supervision of
Ms. RABEENA FATHIMA R
Assistant Professor
Department of Psychology



DEPARTMENT OF PSYCHOLOGY

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KILAKARAI – 623517, TAMIL NADU, INDIA.

APRIL – 2024

CERTIFICATE

This is to certify that the work contained in the thesis entitled "A Study On Relationship between perceived social support and loneliness among college hostel students", submitted by Nasrin Sifana (21BSY0016) for the award of the degree of Bachelor of Science in Psychology to the Thassim Beevi Abdul Kader College for Women, Kilakarai is a record of bonafide research works carried out by her under my direct supervision.

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Date: 17.04.24

Place: Kilakarai .



Signature of the Supervisor

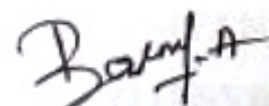
Rabeena Fathima R, M.Sc.,

Assistant Professor

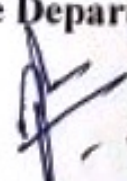
Department of Psychology

Thassim Beevi Abdul Kader College for Women

Approved by



Head of the Department



External Examiner



Internal Examiner

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Date: 17.04.24

Place: Kilakarai

NASRIN SIFANA.M
(21BSY0016)

**A STUDY ON THE RELATIONSHIP BETWEEN PARENTAL ATTACHMENT AND
LIFE SATISFACTION AMONG YOUNG ADULTS**

*Dissertation submitted to the
Thassim Beevi Abdul Kader College for Women
For the partial fulfilment of the requirements for the award of the degree of*

BACHELOR OF SCIENCE

In Psychology

By

NOORUL FARTHANA A

(Registration No: 21BSY0017)

Under the Supervision of
Ms. DHARANI P,M.SC.,
Assistant Professor, Department of Psychology



DEPARTMENT OF PSYCHOLOGY

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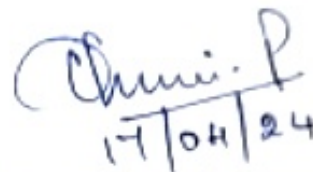
CERTIFICATE

This is to certify that the work contained in the thesis entitled "A Study on the relationship between parental attachment and life satisfaction among young adults", submitted by **NOORUL FARTHANA A (21BSY0017)** for the award of the degree of **Bachelor of Science in Psychology** to the **Thassim Beevi Abdul Kader College for Women, Kilakarai** is a record of bonafide research works carried out by her under my direct supervision.

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Date: 17/4/24

Place: kilakarai


17/04/24

Signature of the Supervisor

Ms. Dharani P, M.Sc.,

Assistant Professor

Department of Psychology

Thassim Beevi Abdul Kader College for Women

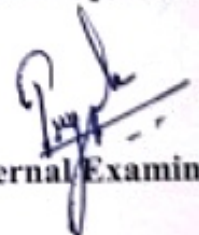
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17/04/24

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Head of the Department



External Examiner

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Date: 17/4/24

Place: Kilakarai

NOORUL FARTHANA A
(21BSY0017)

A STUDY ON SOCIAL PHOBIA AND GRIT AMONG ORPHANS AND NON ORPHANS

*Dissertation submitted to the
Thassim Beevi Abdul Kader College for Women
For the partial fulfilment of the requirements for the award of the degree of*

BACHELOR OF SCIENCE

In Psychology

by

RABIYATHUL ADHABIYA A.R

(Registration No: 21BSY0018)

Under the Supervision of

Ms. RABEENA FATHIMA R

Assistant Professor Department of Psychology



DEPARTMENT OF PSYCHOLOGY

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APRIL – 2024

CERTIFICATE

This is to certify that the work contained in the thesis entitled "A Study On Social phobia and Grit among Orphans and Non-Orphans", submitted by RABIYATHULADHABIYA A.R (IBSY0018) for the award of the degree of Bachelor of Science in Psychology to the Thassim Beevi Abdul Kader College for Women, Kilakarai is a record of bonafide research works carried out by her under my direct supervision.

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Place: Kilakarai.



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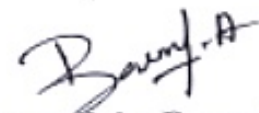
Ms. Rabeena Fathima R, M.Sc.,

Assistant Professor

Department of Psychology

Thassim Beevi Abdul Kader College for Women


Approved by



Head of the Department



External Examiner



Internal Examiner

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Date: 17.04.2024.

Place: Kilakarai

RABIYATHULADHABIYA A.R
(21BSY0018)

**A STUDY ON CORRELATION BETWEEN LEVEL OF WORRY AND RESILIENCE AMONG
MARRIED WORKING WOMEN**

*Dissertation submitted to the
Thassim Beevi Abdul Kader College for Women
For the partial fulfillment of the requirements for the award of the degree of*

BACHELOR OF SCIENCE

In Psychology

by

RAFAHA AMEENA B

(Registration No: 21BSY0019)

Under the Supervision of
Ms. S. ASMA PARVEEN, MSC.,
Assistant Professor
Department of Psychology



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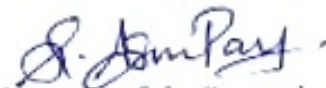
CERTIFICATE

This is to certify that the work contained in the thesis entitled "A Study On correlation between level of worry and resilience among married working women. ", submitted by RAFAHA AMEENA B (IBSY0019) for the award of the degree of Bachelor of Science in Psychology to the Thassim Beevi Abdul Kader College for Women, Kilakarai is a record of bonafide research works carried out by her under my direct supervision.

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Date: 17.04.2024.

Place: Kila Karai.



Signature of the Supervisor


Ms. S. Asma Parveen, M.Sc.,

Assistant Professor

Department of Psychology

Thassim Beevi Abdul Kader College for Women

Approved by



Head of the Department



Internal Examiner



External Examiner

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Date: 17.04.2024.

Place: Kilakarai

RAFAHA AMEENA B
(21BSY0019)

**A STUDY ON RELATIONSHIP BETWEEN LEVEL OF SELF-ESTEEM AND
ACADEMIC PERFORMANCE AMONG COLLEGE SPORTS STUDENTS**

Dissertation submitted to the

Thassim Beevi Abdul Kader College for Women

For the partial fulfilment of the requirements for the award of the degree of

BACHELOR OF SCIENCE

In Psychology

by

RIBANA PARVEEN V

(Registration No: 21BSY0020)

Under the Supervision of

Ms. DHARANI P

Assistant Professor

Department of Psychology



**DEPARTMENT OF PSYCHOLOGY THASSIM BEEVI ABDUL KADER
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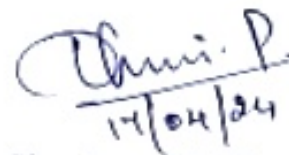
APRIL – 2024

CERTIFICATE

This is to certify that the work contained in the thesis entitled "A Study on relationship between level of self-esteem and Academic performance among college sports students", submitted by Ribana Parveen V (21BSY0020) for the award of the degree of Bachelor of Science in Psychology to the Thassim Beevi Abdul Kader College for Women, Kilakarai is a record of bonafide research works carried out by her under my direct supervision.

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Date: 17/4/24
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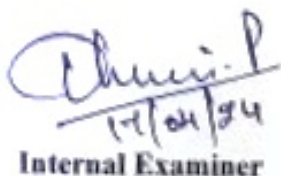
Signature of the Supervisor
Ms. Dharani P, M.Sc.,
Assistant Professor
Department of Psychology
Thassim Beevi Abdul Kader College for Women

Approved by



Head of the Department


External Examiner


17/04/24
Internal Examiner

DECLARATION

I certify that

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- f. From the plagiarism test, it is found that the similarity index of whole thesis within 25% and single paper is less than 10 % as per the university guidelines.

Date: 17/4/24

Place: Kilakarai

RIBANA PARVEEN V

(21BSY0020)

**A STUDY ON RELATIONSHIP BETWEEN PSYCHOLOGICAL DISTRESS AND
SELF COMPASSION AMONG MARRIED AND UNMARRIED FEMALE COLLEGE
STUDENTS**

*Dissertation submitted to the
Thassim Beevi Abdul Kader College for Women
For the partial fulfilment of the requirements for the award of the degree of*

BACHELOR OF SCIENCE

In Psychology

by

SAFRIN A

(Registration No: 21BSY0021)

Under the Supervision of

Ms. BASMINA AHMED A

Assistant Professor

Department of Psychology



**DEPARTMENT OF PSYCHOLOGY THASSIM BEEVI ABDUL KADER
COLLEGE FOR WOMEN,**

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KILAKARAI – 623517, TAMIL NADU, INDIA.

APRIL – 2024

CERTIFICATE

This is to certify that the work contained in the thesis entitled "A Study On relationship between psychological distress and self compassion among married and unmarried female college students.", submitted by Safrin A (21BSY0021) for the award of the degree of Bachelor of Science in Psychology to the Thassim Beevi Abdul Kader College for Women, Kilakarai is a record of bonafide research works carried out by her under my direct supervision.

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Date: 17.04.2024.

Place: Kilakarai.

Signature of the Supervisor

Ms. Basmah Ahammed A, M.Sc.,

Assistant Professor

Department of Psychology

Thassim Beevi Abdul Kader College for Women

Approved by

Internal Examiner

Head of the Department

External Examiner

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Date: 17-04-2024

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SAFRIN A
(21BSY0021)

**A STUDY ON THE EFFECT OF SOCIAL MEDIA USAGE AND FEAR OF MISSING OUT AMONG
COLLEGE STUDENTS**

*Dissertation submitted to the
Thassim Beevi Abdul Kader College for Women
For the partial fulfillment of the requirements for the award of the degree of*

BACHELOR OF SCIENCE

In Psychology

by

SANTHOSHINI R

(Registration No: 21BSY0022)

Under the Supervision of

Ms. OLISTA. J, M.SC.,

Assistant Professor, Department of Psychology



DEPARTMENT OF PSYCHOLOGY

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Date: 17/04/24

Place: Kilakarai



Signature of the Supervisor

Ms. J. Olista, M.Sc.,

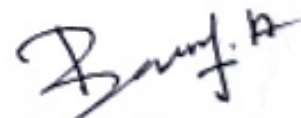
Assistant Professor

Department of Psychology

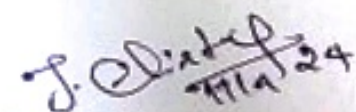
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Kilakarai.

Approved by



Head of the Department



Internal Examiner



External Examiner

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Date: 17/04/24

Place: Kilakarai

SANTHOSHINI R
(21BSY0022)

**A STUDY ON RELATIONSHIP BETWEEN INTERNET ADDICTION AND SLEEP
QUALITY AMONG YOUNG ADULTS**

*Dissertation submitted to the
Thassim Beevi Abdul Kader College for Women
For the partial fulfillment of the requirements for the award of the degree of*

BACHELOR OF SCIENCE

In Psychology

by

SEYATH ALI FATHIMA H

(Registration No: 21BSY0023)

Under the Supervision of

Mrs. MUBIN ZULFA, M.Sc.,

Assistant Professor, Department of Psychology



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This is to certify that the work contained in the thesis entitled "A Study On relationship between internet addiction and sleep quality among young adults", submitted by Seyath Ali Fathima H (21BSY0023) for the award of the degree of Bachelor of Science in Psychology to the Thassim Beevi Abdul Kader College for Women, Kilakarai is a record of bonafide research works carried out by her under my direct supervision.

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Date: 17/4/24

Place: KILAKARAI


Signature of the Supervisor
Mrs.Mubin zulfa, M.Sc.,
Assistant Professor
Department of Psychology
Thassim Beevi Abdul Kader College for Women

Approved by


Head of the Department


Internal Examiner


External Examiner

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Date: 17/4/24

Place: Kilakarai

SEYATH ALI FATHIMA H

(21BSY0023)

**A STUDY ON RELATIONSHIP BETWEEN LEVEL OF SELF-ESTEEM AND
ACADEMIC PERFORMANCE AMONG COLLEGE SPORTS STUDENTS**

*Dissertation submitted to the
Thassim Beevi Abdul Kader College for Women
For the partial fulfilment of the requirements for the award of the degree of*

BACHELOR OF SCIENCE

In Psychology

by

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This is to certify that the work contained in the thesis entitled "A Study on relationship between level of self-esteem and Academic performance among college sports students", submitted by Sumaiya V (21BSY0024) for the award of the degree of Bachelor of Science in Psychology to the Thassim Beevi Abdul Kader College for Women, Kilakarai is a record of bonafide research works carried out by her under my direct supervision.

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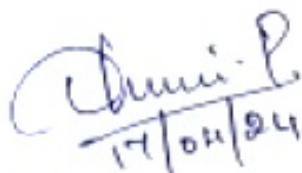
Ms. Dharani P, M.Sc.,

Assistant Professor

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Approved by



Internal Examiner



Head of the Department



External Examiner

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SUMAIYA V
(21BSY0024)